

SOYLAND ACCESS TO INDEPENDENT LIVING



SAIL The Anchor FALL 2020



Employment Opportunities at SAIL

Information and Referral Advocate – part-time position open in the Decatur SAIL office. This advocate fields all initial information and referral calls, assisting walk-ins and guests visiting the office, provides services to people with disabilities as requested, enters consumer services into a software collection system and other duties as instructed in accordance with the SAIL mission and as outlined by the funding source.

Independent Living Advocate Visual Services – part-time position open in the Charleston SAIL office. This advocate is responsible for direct service delivery of the five core services; Advocacy, Independent Living Skills, Information and Referral, Peer Counseling and Transitions to people with disabilities in Coles, Clark and Cumberland Counties and will outreach to people 55 years and older experiencing vision loss concerning the Visual Services Program. in accordance with the SAIL mission and requirements outlined by the grant-funding source.

Qualified individuals with severe disabilities are encouraged to apply.

Wages begin at \$12.50 an hour.

If you are interested in applying for one or more of the employment opportunities at SAIL, please submit a resume, including three references and statement of your independent living philosophy to Jeri Wooters, SAIL Executive Director. Resumes may be emailed to jwooters@decatur sail.com, faxed to 217-876-7245 or mailed to the following address.

Jeri J. Wooters
Soyland Access to Independent Living
2449 E. Federal Drive
Decatur, IL 62526



Get Registered Be Ready to Vote

by Emily Dobson, Program Manager

In the 2016 election, only 55% of eligible voters with disabilities exercised their right to vote (National Council on Learning Disabilities website.) People with disabilities can be reluctant to register and vote for many reasons. For the 2020 election, new ways of registering makes access to the fundamental right to vote more easily available to all.

Registering to vote is the first step in preparing to vote. To be eligible to register to vote a person must be at least 18 years old, a U. S. citizen and live in the voting precinct for 30 days or more. An individual can register any time up to 27 days before an election. The locations to register to vote include the city, village or township office, local library, driver's license facility, internet (ovr.elections.il.gov), by mail (obtain the form at www.elections.il.gov) or at any DHS facility. SAIL staff can also assist with voter registration.

Sources: Equip for Equality Voters Guide, National Council on Learning Disabilities website

INDEPENDENT LIVING SELF-CARE TIPS

by Rich Adams, Visual Services Advocate

Safely digging a hole, when living with a visual impairment.

Digging a proper hole takes more planning than one would think. The dimensions, depth, width, length, and proper location must be considered for satisfaction, so an easily read measuring device should always be handy. “Julie” should be consulted to identify the location of any wires, pipes, or other obstructions that could affect the plans. Contrasting colored stakes, or other markers should be placed for the length and width of the hole. Of course, the needed tools and shovels, with both long and short handles, an axe or hatchet if roots are there, and a pick for hard or rocky soil, should be handy. The placing of the exhumed soil is important. The size of area it will cover, the ease of moving it there from the hole, and if you are piling that dirt on any surface other than bare ground, a cover, such as canvas, should first be spread on it, with its borders clearly marked to limit over spreading. If this hole is to be deeper than shoulder height, either a lifting pulley or a temporary ramp will lessen the work. The weather should be noted, so that the ground is not frozen, or the hole becomes too wet for more digging. I am speaking from experience. I have dug holes for sewer and water lines, irrigation, posts, outhouses and more, but not a grave yet.



Illinois Assistive Technology Program

by Lori Smith, Executive Administrative Coordinator

IATP'S goal is to improve the quality of life of all Illinoisans with disabilities and enable them through greater access to assistive technology devices to fully participate in all aspects of life. IATP has a Reuse Program that provides used assistive technology, A.T., to individuals with disabilities often at no charge or a fraction of the cost. This service connects people with devices, who no longer need them, with a person who needs it but cannot afford it. Individuals with disabilities and their families can buy, sell, search or donate equipment on the website: www.iltech.org or by contacting IATP at (217) 522-7985 Monday - Friday 8:00 AM – 4:30 P.M.

There is also a Device Loan Program that provides short term loans, 5 weeks, of assistive technology to individuals with disabilities, family members and others.

IATP also has an Education Liaison who works with families, students and schools to provide information, advocacy and support for IEPs and 504 Plans. This staff member also assists college students with getting accommodations from their college or university and provides information and training on transition. This free service is available to all families who have a student with any disability in the state of Illinois. The issue does not have to be related to assistive technology.

COVID-19 Testing Centers

Macon County

Testing Centers for Individuals with no health care provider.

Crossing Healthcare: 320 E. Central Ave., Decatur Phone: 877-9117 By Appointment.

SIU Center for Family Medicine: 102 W. Kenwood, Decatur Number: 872-3800 / 545-5100 .

HSHS Medical Group: 845 US 51, Forsyth Number: 872-0953 / 844-520-8897 Appointment required.

Decatur Memorial Hospital: 2300 N. Edward St., Decatur Number: 876-8121 / 876-2856.

Other Testing Centers

CVS Pharmacy: 570 N. Fairview, Decatur Phone: 422-1570.

HSHS St. Mary's Hospital: COVID Hotline 217-464-2966.

DMH Express Care East: 4455 E. US 36, Decatur Phone: 876-1200.

Shelby, Moultrie, Clark, Coles and Cumberland Counties

HSHS Good Shepherd Hospital: 201 S. Pine Street, Shelbyville Phone: 774-3961 Appointment required.

SBL Walk - In Clinic: 200 Dettro Dr., Mattoon Phone: 238-3000 Appointment required.

Carle Mattoon on Hurst Medical Clinic: 2512 Hurst Dr., Mattoon Phone: 258-5900.

Sarah Bush Lincoln Health Center: 1000 Health Center Dr., Mattoon Phone: 258-2525.

Horizon Health: 721 E. Court St., Paris Phone: 465-4141 Appointment required.

SOCIAL SECURITY ADMINISTRATION UPDATE

by Betty Watkins, Rural Outreach Coordinator

During the COVID-19 pandemic, the Social Security Administration, SSA, continues to provide assistance to the community. While the offices are not providing service to walk-in visitors due to COVID-19, SSA continues to have their ongoing benefits and vital services. SSA offices are ready to assist individuals by phone with most Social Security matters. A representative can be reached by calling the local Social Security office, phone numbers provided below or the National 800 SSA Phone # 1-800-772-1213 .

SSA Local Office Numbers:

Champaign Phone # 1-877-819-2593

Danville Phone 1-866-331-5394

Decatur Phone # 1-888-619-4773

Effingham Phone # 1-855-213-5288

SSA has many secure and easy ways to go online at <https://www.ssa.gov/>: If you have a critical situation unable to be handled by phone or online, a representative may be able to schedule an appointment. Don't wait on services with SSA. Reach out to SSA to get assistance needed.

Sources: SSA Please Share 6/30/20

SANTRAX Procedure Updates

Santrax (EVV) Readback Feature - When an Individual Provider, I.P., / Personal Assistant performs a call in or out through EVV, he or she will hear the Santrax ID they just entered read back to them for approval.

- If the IP approves the Santrax ID readback as correct, the call will continue as normal.
- If the IP declines the Santrax ID readback as incorrect, the IP will be given two more chances to enter the correct Santrax ID.
- If the IP incorrectly enters the Santrax ID three times, the visit will not be successfully recorded.

The Heat is On

by Brenda Ingle, Independent Living Advocate

During what is typically the hottest time of the year, the heat can cause many issues. Since people managing medical conditions are at the greatest health risk from the heat, it is recommended people should try to stay indoors with air condition if possible. Those most at risk are infants, very young children, older adults and individuals with chronic medical or health conditions. Remember to NEVER leave a person or a pet inside a car during these times. Heat kills!

When outside protective measures, such as the use of sunscreen or sunblock, a hat with a brim for shade, light colored, loose fitting, ventilated clothing and plenty of water for hydration, can be helpful to make the experience enjoyable.

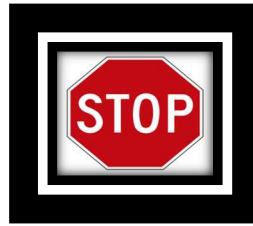
This is also a time to remember to check on friends and neighbors especially elderly or those with medical issues. If air conditioning is not available, visiting a library, shopping center or cooling center in your area, during peak heat times and return home of an evening during the cooler time of the day. Some agencies distribute fans during the summer. Check with the local health department for this information.



UPCOMING SAIL OFFICE CLOSINGS

The business hours at all SAIL offices are Monday through Friday 8:30 a.m. to 4:30 p.m. All SAIL offices will be closed on Monday, **October 12th** for Columbus Day, Wednesday, **November 11th** for Veterans Day and Thursday, **November 26th** and Friday, **November 27th** for Thanksgiving.

Additional closings occur in the Charleston and Shelbyville offices when staff are in the community providing consumer services, education activities and attending meetings. When staff is out, the phone system routes all calls directly to the main office in Decatur. SAIL has an employee dedicated to answer phone calls during normal business hours.



SAIL OFFICE VISITS

In response to Phase 4 of the state's Restore Illinois Plan, all visitors MUST wear face covering before entering a SAIL office. If you do not have a covering, OPEN THE DOOR and ASK THE FRONT DESK STAFF TO BRING YOU A MASK. SAIL is also glad to provide gloves and hand sanitizer when requested.

THANK YOU FOR ASSISTING SAIL IN FOLLOWING THE DIRECTIVES OF RESTORE ILLINOIS PHASE 4.

SAIL IS A FRAGRANCE-FREE FACILITY

Not all disabilities can be easily observed. People who have a respiratory or breathing disability are unable to breathe when they encounter scents and fragrances in their environment. For that reason, SAIL is a FRAGRANCE-FREE facility.

SAIL reserves the right to require anyone coming into a SAIL office wearing cologne, perfume, scented soaps or lotions TO LEAVE. This policy serves to protect SAIL consumers, visitors, guests and staff.

THANK YOU FOR YOUR COOPERATION!!

SAIL OFFICE HOURS 8:30 a.m. – 4:30 p.m. **SAIL WEBSITE** www.decatursail.com

CONTACT INFORMATION

<u>Decatur Office</u>	2449 E. Federal Dr. 217-876-8888 (V/TTY/VP)	Decatur, IL 62526 217-876-7245 (FAX)	1-800-358-8080 (V/TTY/VP) sail@decatursail.com
<u>Shelbyville Office</u>	1604 W. Main St. Ste. 100 217-774-4322 (V/TTY)	Shelbyville, IL 62565 217-774-4368 (FAX)	saisel@consolidated.net
<u>Triple C Office</u>	707 Windsor Rd. Suite B 217-345-7245 (V/TTY)	Charleston, IL 61920 217-345-7226 (FAX)	triplec@consolidated.net

Anyone in need of public safety or emergency services should call 911 for assistance.